

# AVON ROWING CLUB Incorporated

(Established 1881)  
PO Box 13115, Armagh  
Christchurch 8141



## Code of Conduct

### **As an Avon Rowing Club member, I will:**

Be a positive role model

Respect the rights, dignity and worth of all athletes, coaches, members, supporters and visitors

Be fair, considerate and honest in my dealings with others

Be professional in, and take responsibility for, my actions

Comply with all relevant standards, rules, regulations and policies

Not use obscene language

Be smokefree (including e-cigarettes and vaping) at training and events where I am representing the club

Consume alcohol in moderation, if at all, at any rowing-related events

Use social media wisely in relation to Avon Rowing Club and the sport of rowing

Never act in any way that may bring disrepute or disgrace to **Avon Rowing Club** or the sport of rowing.

### **I agree to:**

Abide by the Health and Safety Guidelines and the Water Safety Code 2016 [www.rowingnz.kiwi](http://www.rowingnz.kiwi)

Attend a safety briefing and Hauora workshop

Talk through any issues with coaches or athletes off the water to avoid problems in the boat

Help maintain a functional and tidy facility for the benefit of all members

Participate in working bees as required

Not bring non-members into the Avon Rowing Club compound unless approval has been given

Be on time to training and let my coach know if I will be late

Bring appropriate clothing/footwear/nutrition/hydration with me to training

Maintain clear communication with my coach

Attend boat loading and unloading. If I can't be there, I will contact my coach.

### **Financial**

I apply to become a member of Avon Rowing Club Inc and agree to pay all subscriptions and other monies that are payable, or will be payable, as a result of becoming a member of Avon Rowing Club Inc.

I acknowledge that failure to pay fees associated with my membership will result in exclusion from rowing events.

## General

I agree to always represent Avon Rowing Club in a positive and appropriate manner. If I have any issues I will raise them with my coach in the first instance. If the issue cannot be resolved I will discuss it with the Club Manager or a Board member.

I agree to abide by the conditions of membership for Avon Rowing Club Inc. and those of the New Zealand Rowing Association.

I consent for the information contained within this form to be released to the officers and coaches of the Club, to the Canterbury Rowing Association Inc., and the New Zealand Rowing Association where appropriate.

I, \_\_\_\_\_ confirm that I have read and agree to the above Code of Conduct and acknowledge that any breach by me of the Code of Conduct, or any part of it, may result in disciplinary action.

Disciplinary action may include:

- Removal from crew/s
- Club membership revoked
- Removal from all Avon Rowing Club social media and email contacts
- Meeting with the Avon Board

Date \_\_\_\_\_

Name \_\_\_\_\_

Signature \_\_\_\_\_

Date approved: 7 October 2019

Review date: October 2020